



“Mary Lou is such a peaceful, joyful and powerful person,” says WINGS Founder and CEO Ginny Deerin. “She shares that joy of life, and it makes a difference in the lives of many others.”



## She has Wings

Going through treatment for breast cancer gave Mary Lou Barter the inspiration to help others. Now the Charleston Breast Center provides state-of-the-art detection and treatment with education and compassionate care. More than 8,000 LowCountry women have gotten mammograms, regardless of their ability to pay.

What Mary Lou wanted to create was a place where women of all economic circumstances could find not just superior medical care but also help for their social and emotional needs. As chairperson of the Board, her efforts have truly made a difference in the lives of many. She has WINGS.

## Actually Flying Through the Air Mountain Swoop

Ever dreamt of flying through the air with the greatest of ease? This YouTube video is probably the closest that most of us will come to that amazing sensation of soaring without benefit of wings. [Click here to watch!](#)

## Hot Wings

### Teach a Child Net-1 How to Say Thanks

- Say the person's **N**ame
- Look the person in the **E**ye
- Tell the person “**T**hanks!”
- Say at least **1** thing you like

The holidays present a great opportunity for teaching children how to express gratitude. Remember to do a good job of saying thanks yourself, so you model for the children.

Give your kids some practice in Net-1, especially the little ones. Pick a few things they really like and pretend you are giving them as a gift, so they can follow the steps.

Example: Look your aunt in the eye and say, “Aunt Connie, thank you! I love the color of this sweater and it feels so warm.”

Be sure to praise kids when they do it right. When they actually receive a gift, watch them, and if they skip a step, nicely assist by saying something like, “And how about the ‘1?’” or “What about the ‘E?’”



**“We’ve had a century of overemphasis on academic abilities as the key to success in life, but that is only part of the picture.”**

- Author Daniel Goleman, Emotional Intelligence



**Watch to find out what makes WINGS unique.**



## Meet Jordan-Lamont

Jordan-Lamont is a 4th grade boy in the Ravens nest. He says his best WINGS memory since he started attending in kindergarten was when the whole nest turned its WINGSLeader into a human burrito! Jordan-Lamont loves to play rolling Dodgeball, which offers practice in handling disappointment when kids are eliminated.

He says WINGS taught him to count to five when he’s feeling frustrated or disappointed, and that helps him calm down when things go wrong. Jordan-Lamont is athletic and enthusiastic, and goes out of his way to help his friends and WINGSLeaders. He participates in the Step-to-It club and Around the Campfire at Choice Time. He especially likes the archery choice, called Watch Out Bow, designed to improve concentration, because it’s fun to shoot arrows at all kinds of targets.



Give yourself the gift of knowing that you helped a child succeed instead of becoming another sad statistic. Make a commitment to fund a scholarship for a year’s worth of social and emotional learning. [Donate a Scholarship!](#)

Some of our supporters like to trade an ordinary pleasure or treat in return for a WINGS donation called Give It Up! Just by skipping a manicure a month, you can pay for six months worth of art supplies. Trading a brown bag for one lunch a month will fund a whole week of WINGS for one lucky boy or girl. [Give it Up!](#)